

Dates : May 8-12, 2024

Wednesday, May 8

5.30pm La Clusaz bus station pick-up 1

Travel recommendation by bus

From Annecy: bus Y62/63 departing at 3.25pm from Annecy train station, arrival at 4.25pm at La Clusaz bus station.

From other cities: bus Y62/63 departing at 3.25pm from Annecy train station, arrival at 4.25pm at La Clusaz bus station.

6.30pm La Clusaz bus station pick-up 2

Travel recommendation by train and bus

From Nice: departure at 8.32am from Nice Saint-Augustin, arrival in Annecy train station at 4.08pm.

bus Y62/63 departing at 5.25pm from Annecy train station, arrival at 6.25pm at La Clusaz bus station.

From Paris: departure at 12.46pm from Paris Gare de Lyon, arrival in Annecy train station at 4.32pm.

bus Y62/63 departing at 5.25pm from Annecy train station, arrival at 6.25pm at La Clusaz bus station.

7.00pm Refreshments & opening circle

7.30pm Dinner

8.30pm Candlelight Relaxation Practices (60min)

Thursday, May 9

7.30am Light breakfast

8.00am Workshop 1 (120min)

10.00am Brunch

11.30am Free time

3.00pm Workshop 2 (120min)

6.30pm Dinner

8.00pm Candlelight Relaxation Practices (60min)

Friday, May 10

7.30am Light breakfast

8.00am Workshop 3 (120min)

10.00am Brunch

11.30am Free time

3.00pm Workshop 4 (120min)

6.30pm Dinner

8.00pm Candlelight Relaxation Practices (60min)

Saturday, May 11

7.30am Light breakfast

8.00am Workshop 5 (120min)

10.00am Brunch

11.30am Free time

3.00pm Workshop 6 (120min)

6.30pm Dinner

8.00pm Candlelight Relaxation Practices (60min)

Sunday, May 12

7.30am Light breakfast

8.00am Workshop 7 (75min)

9.15am Check-out and take-away lunch

9.15am La Clusaz bus station drop-off 1

10.15am La Clusaz bus station drop-off 2

Travel recommendation by train and bus

To Annecy: Bus Y62/63 departing at 10.55am from La Clusaz bus station, arrival at 11.55am at Annecy train station.

To Nice: Bus Y62/63 departing at 10.55am from La Clusaz bus station, arrival at 11.55am at Annecy train station.

Train departure at 1pm from Annecy, arrival at 9pm in Nice.

To Paris: Bus Y62/63 departing at 10.55am from La Clusaz bus station, arrival at 11.55am at Annecy train station.

Train departure at 1pm from Annecy, arrival in Paris Gare de Lyon at 5pm.

To other cities: Bus Y62/63 departing at 10.55am from La Clusaz bus station, arrival at 11.55am at Annecy train station.