July 29th-Sept 1st

ASHTANGA YOGA PARIS

Lundi / Monday			Mardi / Tuesday			Mercredi / Wednesday			Jeudi / Thursday		
Patanjali Room	Krishnamacharya Room	Yogananda Room	Patanjali Room	Krishnamacharya Room	Yogananda Room	Patanjali Room	Krishnamacharya Room	Yogananda Room	Patanjali Room	Krishnamacharya Room	Yogananda Room
	7h30 – 9h30 Mysore Marine			7h30 – 9h30 Mysore Marine			7h30 – 9h30 Mysore Marine			7h30 – 9h30 Mysore Marine	
					10h00 – 11h00 Débutants 1-2 Céline G						
	12h30 – 13h30 Débutants 1-2 Celine T			12h30 – 14h00 Ashtanga 1 Aurore			12h30 – 13h30 Soft Vinyasa - TN Celine G			12h30 – 14h00 Ashtanga 1-2 Celine G	
		17h00 – 18h30 Ashtanga 1 Celine G						17h00 – 18h00 Débutants 2 Celine T			17h30 – 18h30 Soft Vinyasa - TN alick
				18h00 – 19h30 Ashtanga 2 Aurore						18h00 – 19h30 Mysore Florine	
	18h30 – 19h30 Débutants 1 Aurore				18h30 – 19h30 Beginners 2 ENG Jinjur		18h30 – 19h30 Débutants 1 Marine				
		19h00 – 20h15 Restorative – TN Céline G						19h00 – 20h30 Ashtanga 1-2 ENG Jinjur			
19h30 – 21h00 Ashtanga 3 Marine					19h30 – 21h00 Mysore Jinjur		19h30 – 21h00 Vinyasa 2-3 Marine			19h30 – 21h00 Ashtanga 1 Nancy	
	20h00 – 21h30 Vinyasa 2 Aurore		20h00 – 21h30 Ashtanga 1 Aurore			20h00 – 21h15 Restorative – TN Celine G			20h00 – 21h00 Débutants 1 Florine		

July 29th-Sept 1st

ASHTANGA YOGA PARIS

Vendredi / Friday			Samedi / Saturday			Dimanche / Sunday		
Patanjali Room	Krishnamacharya Room	Yogananda Room	Patanjali Room	Krishnamacharya Room	Yogananda Room	Patanjali Room	Krishnamacharya Room	Yogananda Room
	7h30 – 9h30 Mysore Anni							
		10h00 – 11h30 Soft Vinyasa - TN Celine G		10h30 – 11h45 Restorative – TN Céline B.		10h30 - 12h30 Mysore Anni		
			11h30 – 13h30 Mysore Marine				11h00 – 12h00 Débutants 2 Alick	
	12h30 – 14h00 Vinyasa 2 Florine	13h00 – 14h00 Yoga Prénatal Céline T		12h30 - 14h00 Vinyasa 2-3 Céline B.			12h30 - 14h00 Ashtanga 1-2 Alick	
			14h30 – 15h30 Débutants 2 Alick			14h30 – 16h00 Vinyasa 1-2 Aurore		
				16h30 – 18h00 Ashtanga 2-3 Alick			16h00 – 17h30 Ashtanga 1 ENG Jinjur	
	18h00 – 19h15 Restorative – TN Aurore						18h00 – 19h15 Restorative – TN Jinjur	
18h30 – 20h00 Ashtanga 1 Florine								
		19h00 – 20h00 Débutants 2 Céline B						
	19h30 – 21h00 Vinyasa 2 Aurore							